



**SEATON HOUSE SCHOOL**

**FORM V**



## ***WELCOME TO FORM V***

Next term your daughter will be moving into Form V and, by now, should be well adjusted to life in Senior House. The daily routine will follow much the same pattern as last year but with only just over twelve months before she may have to face 11+ selection tests, your daughter will find that the pace of academic studies increases quite noticeably. She will be expected to be extremely well organised and act as a positive role model for younger pupils.

**Her Form Teacher will be Mrs Victoria Mannoch.**

**Upon arrival in the Formroom each morning**, your daughter will be expected to remove from her bag her lunch box, breaktime 'snack', homework diary, homework books, pencil case and any letters for staff or the School Office. She should take her lunchbox and place it on the relevant shelf. Mrs Mannoch will devise a daily routine for dealing with homework diaries and homework. Personal belongings (e.g. pencil case) should be placed tidily in her own desk. School bags should be stored in the correct place in the Formroom.

**After consulting her timetable**, she should ensure that she has ready any books etc. which will be needed for the first lesson of the morning.

**Once everything is properly organised**, girls should read quietly or complete any other early morning activity set by Mrs Mannoch for this period.

Registration will begin at 8.40am and all girls should be seated in their form room, totally organised, by this time. It is of the utmost importance that your daughter arrives at school with sufficient time to sort out her belongings **before** Registration. It can be very unsettling and upsetting for girls who rush into school at the last moment and have no time for routine matters before Registration. Reprimands at the beginning of the day cause undue stress and are to be avoided at all costs. **On some days, the first lesson of the morning will begin immediately after Registration.**

### **PREPARING FOR THE FUTURE**

This is an extremely important year for preparing thoroughly for any 11+ selection tests to be taken next year. The teaching of individual curriculum subjects will continue in a similar way to that adopted in previous years but an increasing emphasis will be placed on the core curriculum subjects of English, Mathematics and Science. Additionally, the girls will continue to practice Verbal Reasoning in preparation for the 11+ selection tests for the independent schools. Particularly in the core subjects the pace of work may accelerate quite sharply and it will be necessary for your daughter to spend the full allocation of 30 minutes per subject in order to complete homework assignments. If she is able to complete the work set within 30 minutes, the remaining time should be used productively on other learning related tasks.

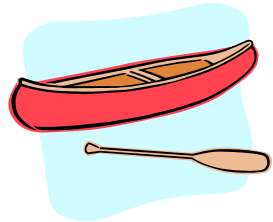
However, it also remains very important that your daughter still has time to pursue leisure activities outside school and has time to relax. If you feel that her work load is becoming too excessive, please speak to Mrs Mannooch. During this year you will need to consider seriously the options available for your daughter when she leaves Seaton House. There will be opportunities to discuss the matter with Mrs Morrison in the course of the year and you are strongly advised to attend some of the secondary schools' open evenings held during the Autumn Term.

## RESIDENTIAL TRIP

The 5 day residential trip in 2016 will be to the Isle of Wight. As it is part of Seaton House life, it is expected that all girls in Forms V and VI participate.

During the week, the girls have the opportunity to undertake activities on land and in the water that we are unable to provide in a school setting. The trip involves learning about the local area as well as meeting and often overcoming personal challenges and working as a team. We highly recommend that all girls have previous experience of sleepovers with friends and are able to wash and look after their own hygiene and hair!

The trip really is something to look forward to and will be immensely enjoyable. We shall be able to give you more detailed information early in the Autumn Term.



## CYCLE COURSE

There will be a three hour off-road Cycle Course which will take place on three consecutive afternoons during the first half-term of the Autumn Term. This is run by qualified trainers from Sutton Borough. Your daughter will be expected to ride her own bike and please ensure that your daughter's bicycle is fully road-worthy. You will be sent more details of this course during the Autumn Term.



## EQUIPMENT

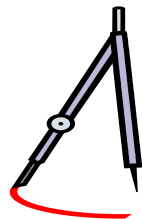
Essential items are:

30 cm ruler	rigid <b>not</b> bendy or folding, marked with both cm and mm
15cm ruler	rigid, marked with both cm and mm
HB pencils	2 or 3 should be sufficient
Coloured pencils	a reasonable but not excessive range of colours
Green coloured pencil/biro/fineliner	essential for marking own work on occasions
4B & 6B Pencils	one of each, for drawing
One highlighter pen	
Small pair of sharp scissors	
Pritt stick or similar	
Pencil eraser	
Pencil sharpener	with container for sharpenings
Simple calculator	
Fountain pen	with spare BLUE cartridges
Berol handwriting pen as spare backup – BLUE ink	
Semi-circular Protractor	available from the School Office (50p)

All personal items should be named – **this means every individual item. All the above should be carried in ONE PENCIL CASE (NOT a tin), which is stored in the girl’s individual desk in the classroom.**

**There is no need for an inordinate number of pencil cases containing vast quantities of felt tip pens and / or gel pens.** Girls *may* have a second pencil case containing a few such items, for use during wet breaks. This second pencil case should remain in the school bag until needed.

**The school will provide compasses, circular protractors and set squares when needed.**



## **LACK OF EQUIPMENT**

It is expected that pupils in Form V will arrive at lessons with all the necessary equipment (including PE kit, recorder etc.). Should this not be the case then a note to that effect will be written in her Homework Diary and a Forgetful Mark will be recorded. For reasons of hygiene, **PE kit may never be borrowed or lent.** If there are 3 incidents of forgetfulness, the girl concerned will be sent to Mrs Wilson, Deputy Head, who will issue a Lethe Mark (see below).

### **Lethe Mark**

(Named after the River Lethe, the River of Forgetfulness in Hades – Greek mythology)

A Lethe Mark can only be issued to a girl in Forms III, IV, V or VI and will be recorded by Mrs Wilson, Deputy Head, in the Homework Diary. A parent should sign the Lethe mark. If 3 Lethe Marks are issued in one term, your daughter will be sent to the Headmistress at which point a formal letter will be sent home.

### **Other Misdemeanours**

The traffic lights system will continue to run this year on a weekly basis. Green, yellow and red cards will be issued. All girls start with a green card. If a yellow card is given, it will result in missing 10 minutes of first break. If a red card is given, a lunch break will be spent with the Headteacher. If two red cards are given in a half a term, there will be a 30 minutes detention after school on Friday with the Headteacher. A coloured spot will be stuck in the homework diary with an explanation. This should be signed by a parent.

## ENGLISH

The *New National Curriculum Programme of Study* continues to provide the framework for much of the English teaching although our syllabus enriches and expands beyond this. It unites the important skills of reading and writing and offers challenging work in vocabulary, grammar, comprehension and creative work. The strategy will be adapted to suit the needs of our girls, enabling us to prepare them for 11+ and Common Entrance style examinations and for the SATs tests.

**Spelling:** The girls will continue to bring home spellings to be learned. These spellings are taken from the 'Read, Write, Inc' spelling scheme, with additional spellings to support this. Girls in Form V are encouraged to use a dictionary and thesaurus whenever necessary.

**Reading:** It is very important for girls to develop a love for reading by reading for pleasure! The expectation is that all girls record new vocabulary and a record of what they have read each day. This should be a minimum of fifteen minutes at home. Parents should monitor this and sign off their reading record each day. Parent monitoring of this activity is extremely valuable and will boost their performance in English.

**Dictionary and Thesaurus:** It is of crucial importance that every girl has access, at home, to a good dictionary and thesaurus to which she can refer when completing homework.

**We strongly recommend that you purchase the following, or similar, for your daughter's use AT HOME:**

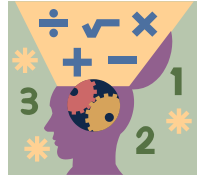
Oxford or Collins: SCHOOL Dictionary  
and  
Oxford or Collins: SCHOOL Thesaurus





## MATHEMATICS

Each lesson will begin with a short session practising mental calculations or revision exercises based on work covered earlier. There will be much emphasis placed on encouraging the



girls to become expert in the handling of basic number bonds, multiplication, mental calculation etc so that when they are introduced to new mathematical processes and concepts they are not hampered by slow or inaccurate elementary calculation skills.

In the main part of the lesson, the class will work together to learn and discuss new concepts and processes and then the girls will be allowed to work at their own pace, or with a group of others, on activities or exercises. During group based work, the girls will work together to answer questions, solve problems or practise procedures, often recording work in the way they find most appropriate rather than using standard algorithms.

This year, it is particularly important that your daughter commits to memory the mathematical terminology which she meets in lessons.

The Mathematics syllabus for Form V is drawn in part from the *New Primary Framework* and in part from the syllabi determined by the various secondary schools which select entrants through examination. With the 11+ tests for Nonsuch / Wallington High Schools in September and October and independent schools in January, it is crucial that the majority of all the necessary concepts are covered in Form V to allow the early part of Form VI to be used for revision, consolidation and timed practice exercises.



## VERBAL REASONING

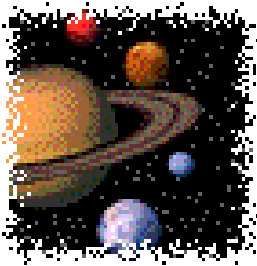
Verbal Reasoning will continue to be taught in the same way as in Form IV. The girls will practise various types of questions usually encountered in Verbal Reasoning tests. They will also undertake timed recap tests. Towards the end of the year they will practise answering questions to time.

## COMPUTING

This year, the girls will cover e-safety, including responsible use of the internet. They will improve their skills at combining text and graphics and create a PowerPoint presentation. They will also be using a coding program to create and develop programs.



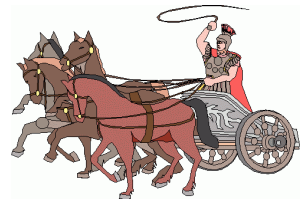
## SCIENCE



The study of Science will continue in much the same way as last year. The units to be covered are: Properties and Changes of Materials, Earth in Space, Life Cycles and Forces. Whilst covering the unit about Life Cycles, the topic of Sex Education will be introduced. Before these lessons, parents will have the opportunity to see all resources used.

## HISTORY

Form V pupils will have a weekly History lesson throughout the year. Topics studied will be the departure of the Romans, the Anglo Saxons and the study of a Non-European Culture, the Mayan Civilisation. Other concepts, such as time and chronology, the concept of opinion and point of view and primary and secondary sources of evidence will also be covered.



## **GEOGRAPHY**

Form V pupils will have a weekly Geography lesson throughout the year. The syllabus covers several aspects of geographical study, including wet and dry global areas and water supply, and an investigation into coasts. Map reading skills are taught throughout the course and environmental matters are discussed.



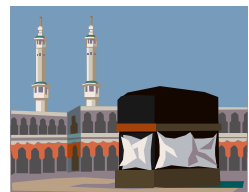
## **FRENCH**

The aim, at this stage, is for the girls to continue to build on their knowledge of French learnt in previous years. They will be taught following Eurostars Stage 3 from the Rising Stars Primary French series. It is designed to be used as an interactive course, expanding conversational French whilst developing vocabulary and grammatical knowledge. Additional material from appropriate language websites are also used which will greatly enhance their learning experience. The girls will be given vocabulary to learn and exercises to complete for homework.



## **RELIGIOUS STUDIES**

In Form V, the themes of Daily Life, Festivals, Community, Places and Stories will be examined through the study of a range of Faiths and Religions.



## MUSIC

Girls in Form V have one lesson per week. This alternates between recorder playing, music theory, developing composition and musical appreciation.



All girls in Form V are members of the Choir and many instrumentalists are able to join the Orchestra.

Instrumental tuition is available for a variety of musical instruments. Please contact the School Office if you would like any further information about instrumental lessons.

## ART, DESIGN AND TECHNOLOGY

These lessons aim to:

- Stimulate girls' creativity and imagination by providing visual, tactile and sensory experiences and a unique way of understanding and responding to the world.
- Develop girls' understanding of colour, form, texture and pattern and their own ability to use different materials and processes to communicate ideas, feelings and meanings.
- Explore with girls ideas and meanings in the work of artists, craftspeople and designers and help them learn about their different roles and about the functions of art, craft and design in their own lives and in different times and cultures.
- Help girls to learn how to make thoughtful judgements and aesthetic and practical decisions.



## PHYSICAL EDUCATION

Physical Education is concerned with the development of movement ability, allowing all girls the chance to participate actively and successfully. This is achieved through a continuous process of:

- Planning decision making, problem solving
- Performing carrying out skills and tasks
- Evaluation comparing performance with others and how to improve
- Developing positive attitudes appreciation, leadership, co-operation, sportsmanship
- Promoting physical activity and a healthy lifestyle
- Ensuring safe practice in all activities
- Having fun.

**Swimming:** In Form V, the girls will swim for the first two terms only, until Easter. Through their weekly lessons, the girls will learn:

- to swim unaided, competently and safely, for at least 25 metres
- to develop confidence in the water and how to rest, float and adopt support positions
- a variety of means of propulsion using either arms or legs or both, and how to develop effective and efficient swimming strokes on the front and on the back.



**Games Lessons:** Form V has a balanced games programme, initially building individual co-ordination and ball skills through a variety of games activities, leading on to small sided games with simplified rules and finally to recognised team games, notably Netball, Hockey and Rounders. Every girl in Form V will need her own **GUM SHIELD** and **SHIN PADS** which may be purchased from a sports shop or, if necessary, a dentist.

Athletics will incorporate High Jump, Long Jump, Distance and Sprint Running, Hurdles, Ball Throw and Relay.



**PE Lessons:** Physical Education lessons will include sessions covering Gymnastics, Dance and Athletics.

Gymnastics will follow ‘Modern Educational Gymnastics’ allowing open ended tasks to be answered by all girls at their own level. Olympic Gymnastic skills will also be incorporated into the lesson structure (B.G.A. Scheme).

Through Dance, girls will learn to develop body management, to express and communicate ideas through a range of dance vocabulary using a variety of stimuli such as poetry, music, sounds, artefacts and celebrations; to choreograph dance sequences; to develop a good movement memory and acquire an appreciation of dance.



## **Fixtures Against Other Schools & Team Practices:**

Every term, girls will be given the opportunity to represent the school in competitive matches against other local schools. Matches against other schools may well finish after 5.00pm.

**If your daughter is selected to represent the school in a match it is expected that she will play.**

A full fixture list will be emailed to parents at the beginning of each term and is available on the school website and on the PE Notice Board. Please check the dates of potential matches at the start of every term. The girls will be notified a week in advance of matches if they are expected to play via the PE notice board and a letter will be sent home.

Team Practices may take place during lunchtimes and after school.

### **Transport to Away Fixtures**

If your daughter is selected to represent the school at an away fixture, Seaton House School will endeavour to arrange coach / minibus transport to and from the match for the team. Parents are welcome to attend matches and to take their child home from the venue if they wish. Girls who are not collected from the venue will return to school on the transport. Please be aware, matches finish at a variety of times and school transport may be later than advertised arriving back to school due to traffic. There may be occasions where it will be your responsibility to arrange transport to and from the venue.



*This will be a very busy year!  
Work hard!*

